



# CHRISTINA HAXTON

Speaker | Author | Founder & CEO

## MEET CHRISTINA HAXTON

With more than 20 years of experience as an entrepreneur, a licensed marriage & family therapist working with business partners, a business strategy and leadership adviser, I assist CEOs, and Business Owners of successful and growing companies to build a strong, purpose-driven organization, achieve sustainable growth & avoid burnout.

In 2016, Sustainable Leadership, Inc. expanded to The Center for Sustainable Strategies and provides customized solutions for assessing and designing coaching, consulting and training programs for sustainable business growth, executive and leadership development for CEOs, business owners and executive directors and board development of nonprofit organizations. We specialize in working with leaders in technology, biotechnology and healthcare organizations.

Christina Haxton is a nationally recognized author, speaker and thought leader on the topic of the communication and interpersonal skills behind long term leadership effectiveness. An executive coach, leadership program facilitator and the founder of Sustainable Leadership™ an executive coaching and leadership development company established in 2009 serves local clients in the Greater Denver, Boulder and Fort Collins, Colorado area.

## SIGNATURE WORKSHOP TOPICS

- ✓ Moving From Bud to Boss: The Mindset of The Successful New Manager
- ✓ Leading with Emotional Intelligence
- ✓ Being Resilient in the Midst of Change, Growth and Uncertainty
- ✓ Mastering Difficult Conversations: Moving Past Conflict and Towards Cooperation
- ✓ Best Practices for Leading Remote Teams
- ✓ Building Your Leadership Coaching Skills
- ✓ Mindshield: Practical Strategies for Leaders to Keep You and Your Team Motivated, Focused, and in the Game (and Avoid Burnout)
- ✓ Bullseye or Broadside?: How Leaders Can Dramatically Boost Strategic Execution


## LEADERSHIP PROGRAMS


- ✓ Hiring Great Talent (Full Day)
- ✓ Setting and Aligning Goals with Strategy (Half Day)
- ✓ Defining Clear Expectations and Providing Effective Feedback (Half Day)
- ✓ Using Coaching to Influence and Develop Your Team (Half Day)
- ✓ Using Communication Skills That Build Trust (Half Day)
- ✓ Leading Effective and Empowering One on One's (Half Day)
- ✓ Managing Difficult Performance Conversations (Half Day)
- ✓ Practicing Recognition and Motivational Techniques (Half Day)

We can combine and customize several to create a series, or using our Discovery Process, identify which are the most needed and relevant for your leaders and choose 6-12 leadership topics to create an in-depth, 6 month, 9 month or 12 month leadership program.

All programs can be delivered in person or virtually.

## LET'S WORK TOGETHER

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# SIGNATURE WORKSHOP TOPICS

Topics available as 75-minute virtual workshops, half-day workshops, full-day workshops, or choose several for a series.

- ✓ Moving From Bud to Boss: The Mindset of the Successful New Manager
- ✓ Leading with Emotional Intelligence
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## LEADERSHIP PROGRAMS

For Organizations looking for an end-to-end, customized leadership program covering the essential, evergreen skills every leader needs today (and beyond).

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